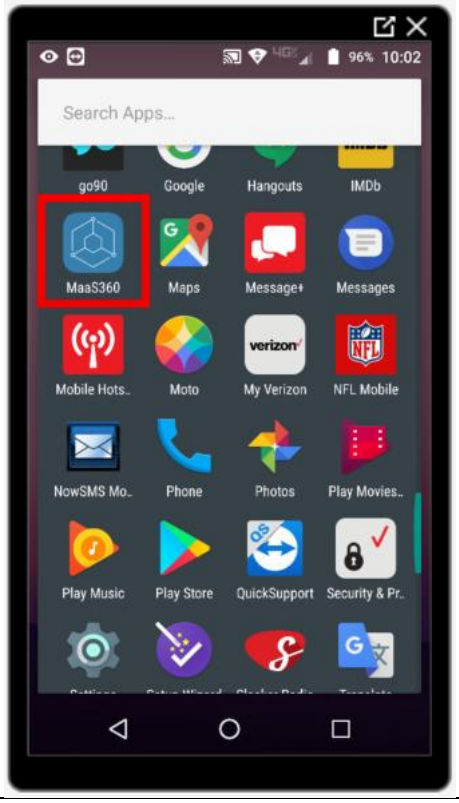
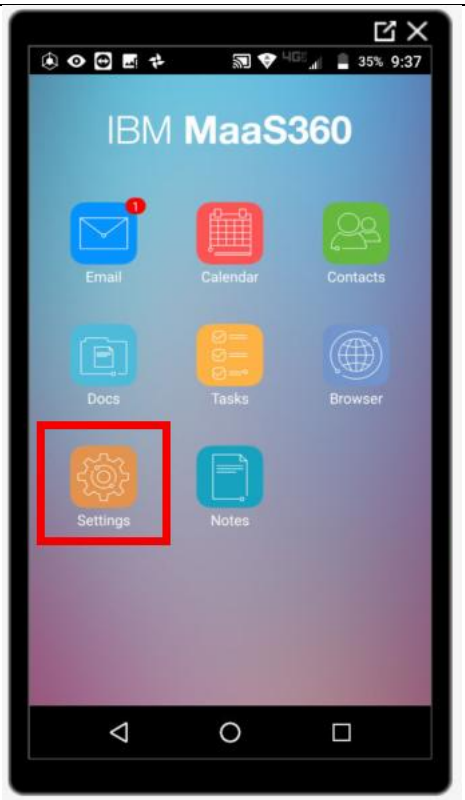
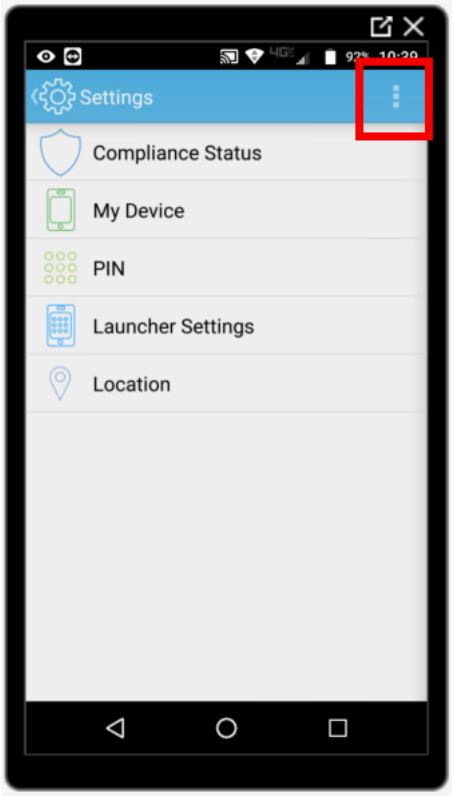
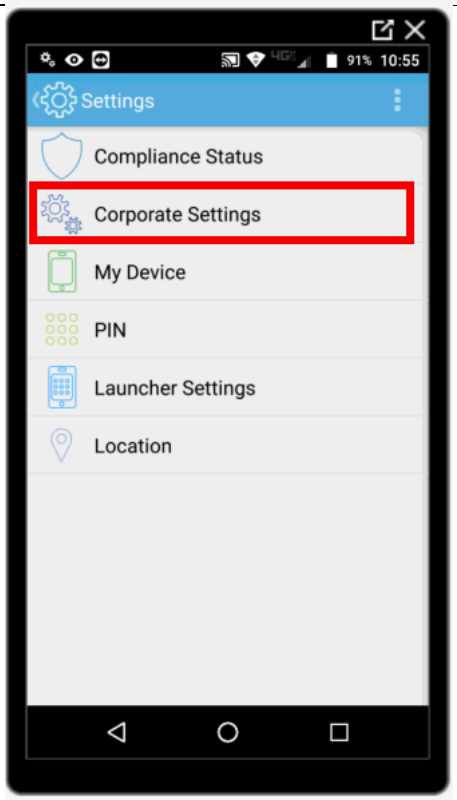
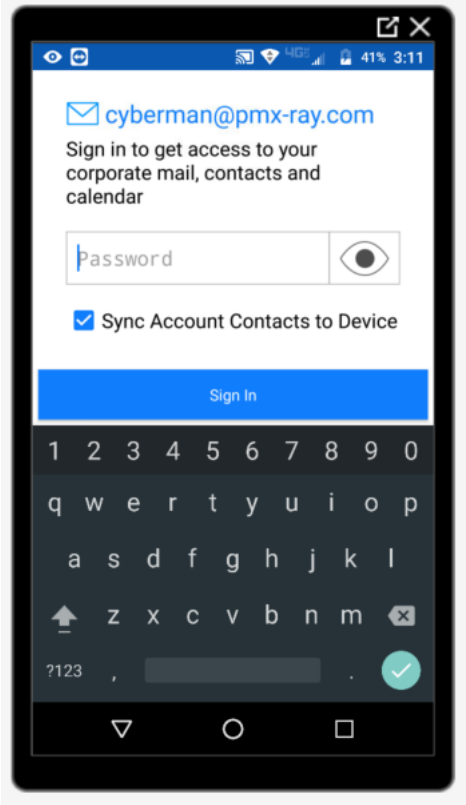
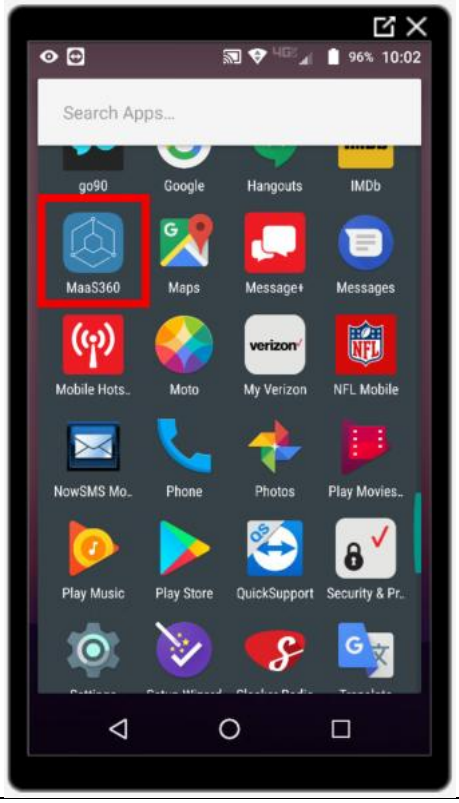
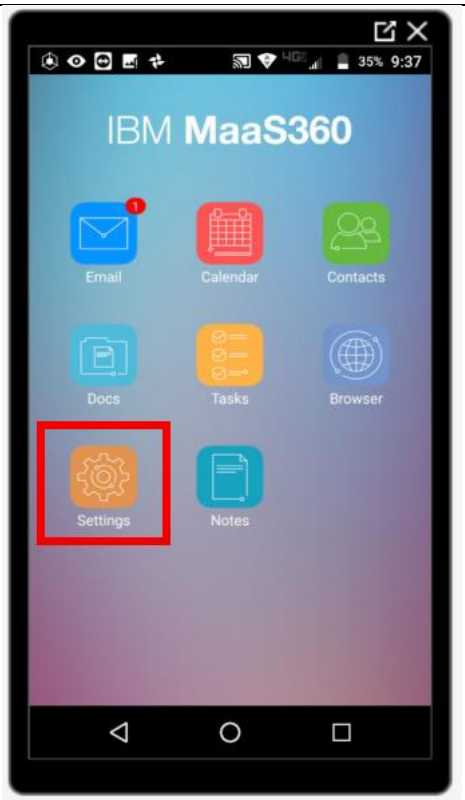
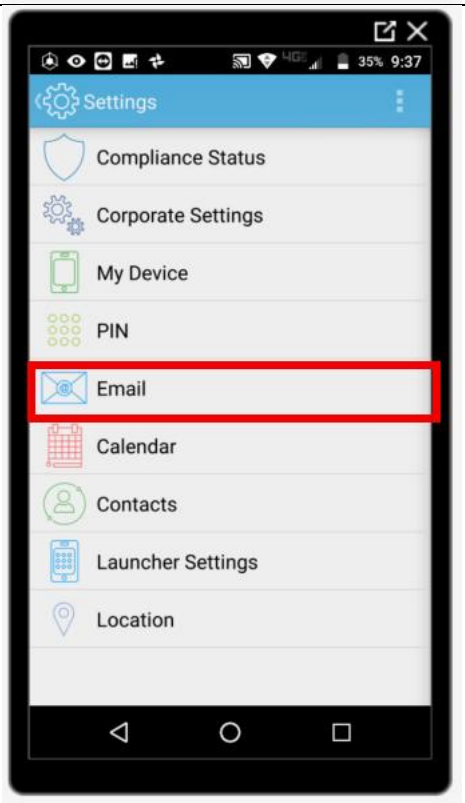
Tap the Apps (…) Icon	
Tap on the MaaS360 Icon.	

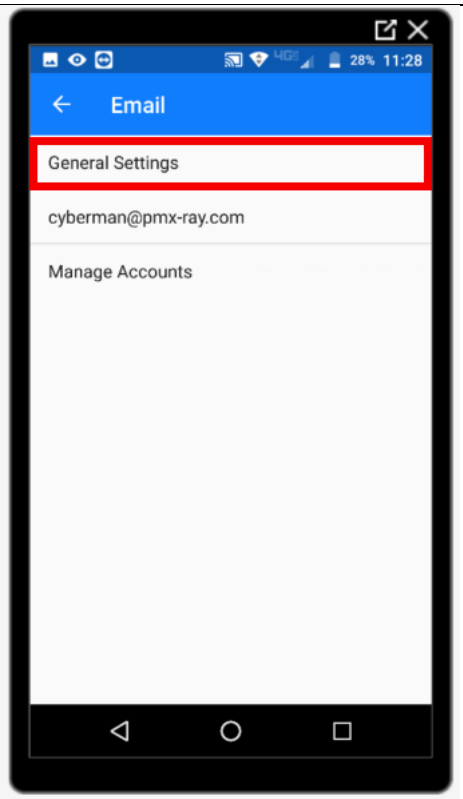
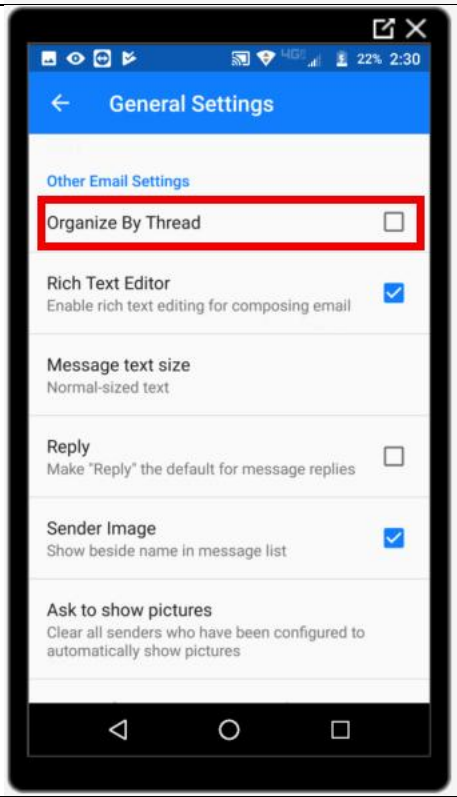
Tap on Settings.	
Tap the menu button	

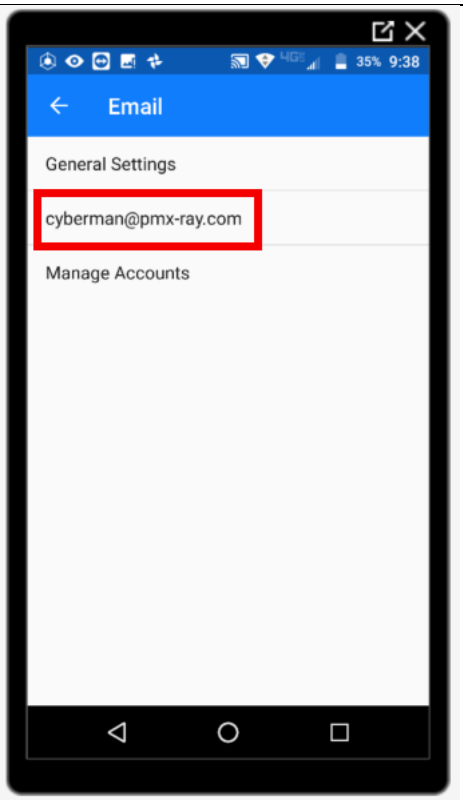
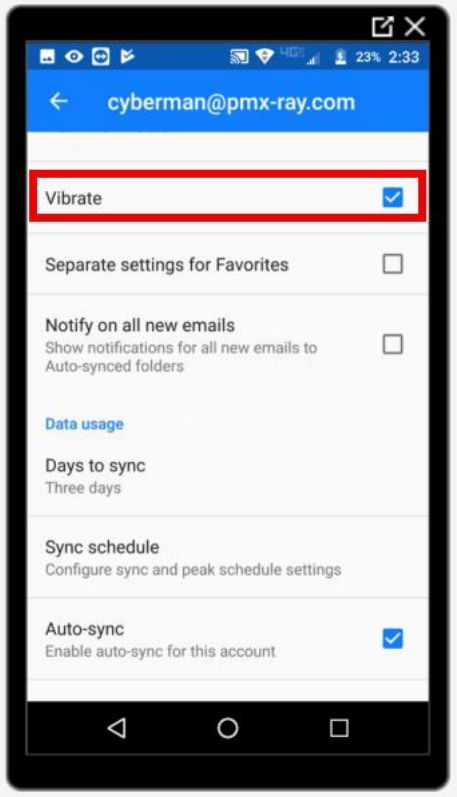
Tap Update Device Data. Tap Settings to Go back.	
Tap Corporate Settings.	

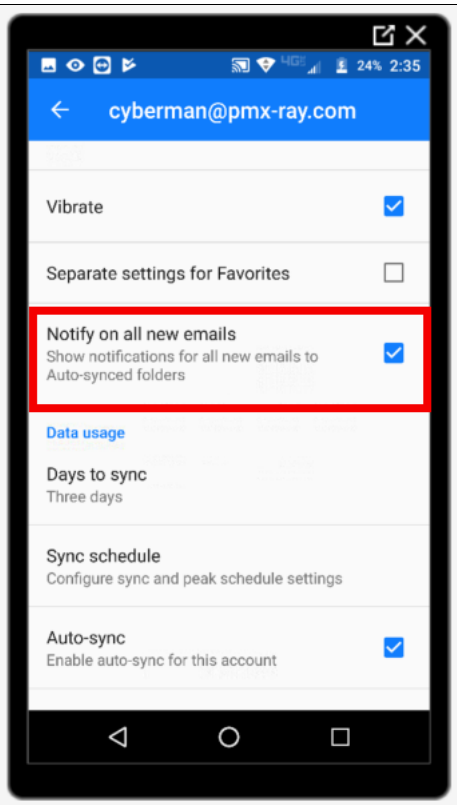
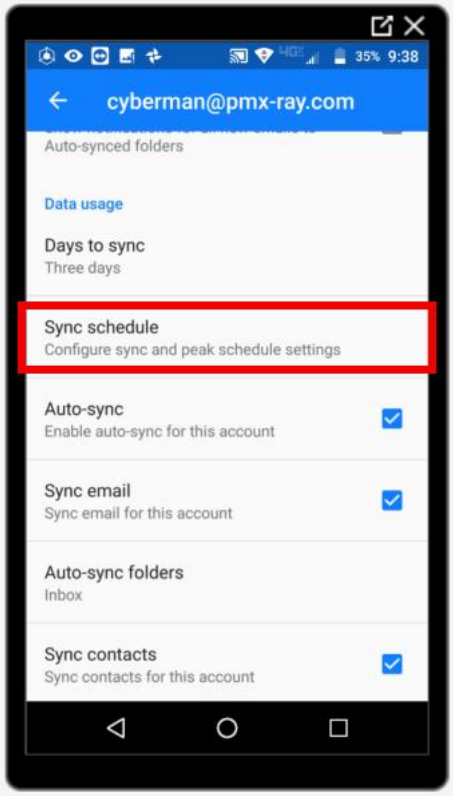
Tap on Configure email.	
Enter the email password that you set online. Make sure that Sync Account Contacts to Device is checked.	

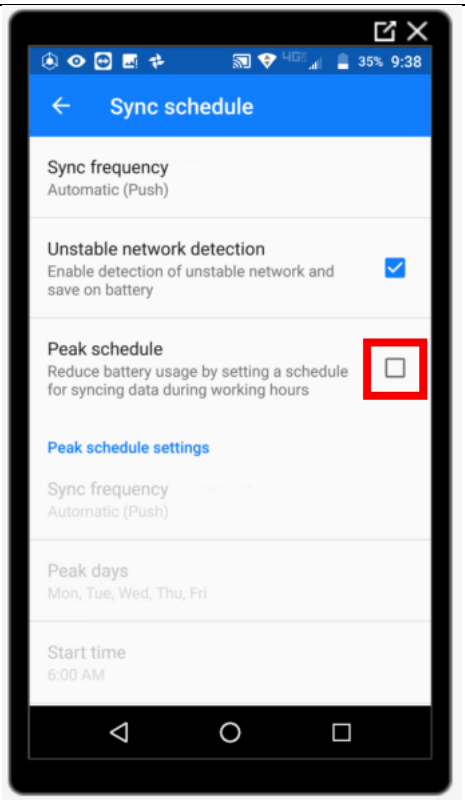
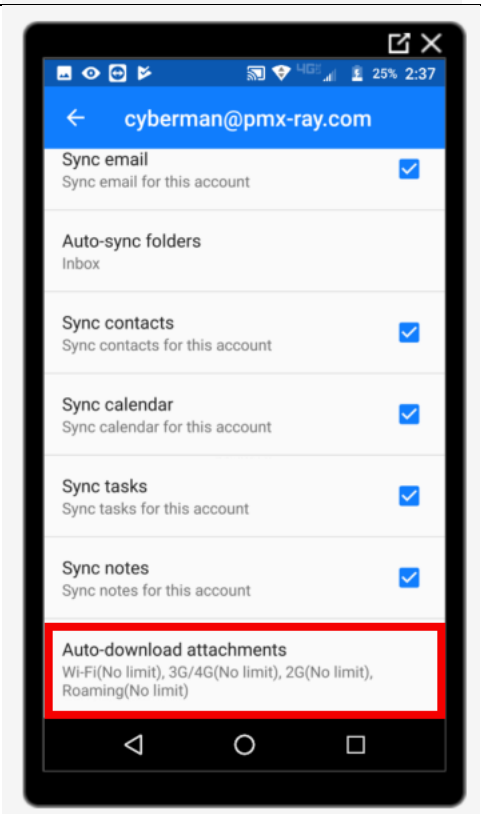
Tap the Apps (…) Icon	
Tap on the MaaS360 Icon.	

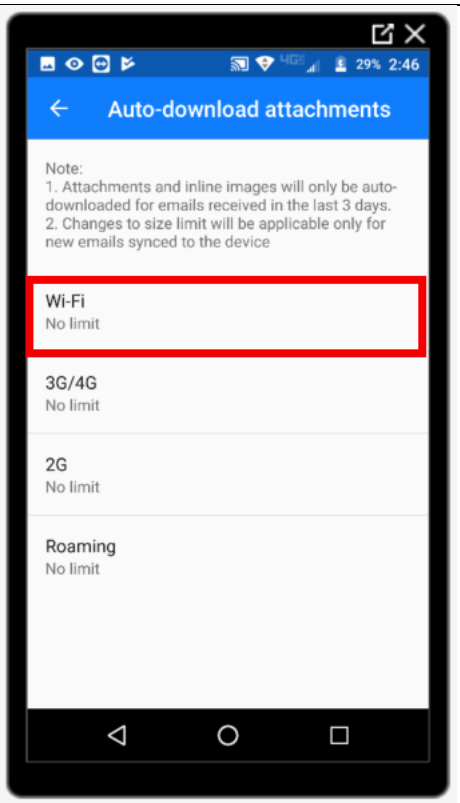
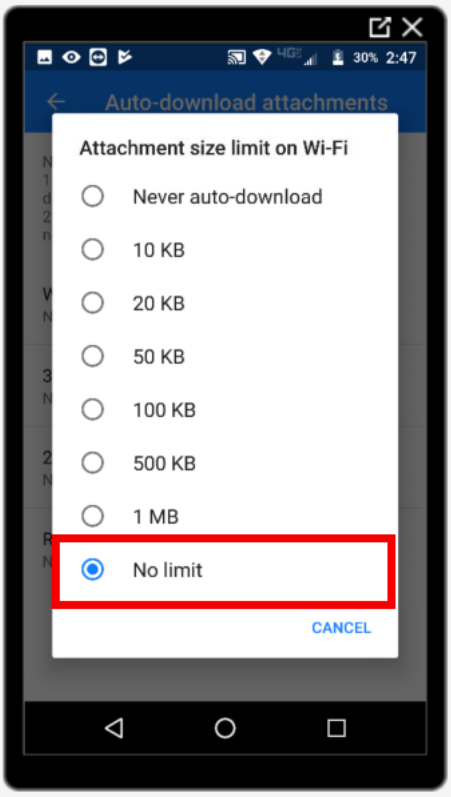
Tap on Settings.	
Tap on Email.	

Tap on General Settings.	
Tap on Organize By Tread to uncheck the box. Tap on the back arrow.	

Tap on your email address.	
Tap to select Vibrate.	

Tap to select Notify on all new emails.	
Tap on Sync schedule.	

Tap on Peak schedule to deselect.	
Tap on Auto-download attachments	

Tap Wi-Fi.	
Select No limit. ***REPEAT*** this step for 3G/4G, 2G and Roaming.	
You are done.	